

Conference Description

Play therapists must be able to explain our clinical choices all along the continuum of care when working with traumatized children and families.

TraumaPlay™ translates evidence informed trauma treatment with children into a sequence of play-based component modules that celebrate the intersection of the neurobiology of play and the neurobiology of trauma, while honoring current evidence-based approaches in the field of trauma.

Each component represents an important dimension of play therapy for trauma treatment and articulates both a specific treatment goal and accompanying interventions. The child's metaphorical use of the playroom is demonstrated through a multitude of case examples and augmented with a variety of prop-based play therapy interventions. This flexible, phase-based model differentiates between goals of trauma treatment that are best accomplished through non-directive play therapy methods and goals that are best served by including attachment focused play therapy approaches that include Parents as Partners, cognitive-behavioral play therapy interventions, sandtray methods and other expressive therapy techniques. Come learn the overarching trajectory for trauma treatment as well as a multitude of practical clinical tools that can be immediately integrated into your practice.

After the workshop, participants will be able to:

- 1) List all seven primary components of TraumaPlay™
- 2) List the three roles of the TraumaPlay™ Therapist
- 3) Describe several self-directed ways in which children use the playroom to increase their sense of safety and security in play therapy.
- 4) List three therapist directed activities for enhancing safety and security in play therapy.
- 5) Describe four play therapy interventions that assess and augment coping.
- 6) Describe three play therapy interventions that decrease a child's sense of physiological arousal.
- 7) Describe six play therapy interventions that help parents co-regulate their children more effectively.
- 8) Describe three play therapy interventions for assessing and increasing emotional literacy.
- 9) Explain the two developmental foundations discussed in the Parents as Partners component of the model.
- 10) List three play therapy interventions that invite disclosure in TraumaPlay™.
- 11) List five play therapy interventions that prompt coherent narrative building in TraumaPlay™.
- 12) List four prop-based play therapy interventions that help integrate somatic memories during coherent narrative building.
- 13) Explain several play therapy techniques that assist clients in challenging and restructuring cognitive distortions.

Here's what others have said about Paris and her trainings:

The presenter is real and engaging – a wonderful role model of our work playfully engaging with both children and parents in structured and nurturing activities.

Paris never disappoints!
Incredible speaker.

I loved every
minute!

Paris was engaging, content was useful, and suggested interventions were clear and concrete.

Really loved Paris and felt affirmed and validated in the work I do.

In an effort to be more conscious about our natural resources, the speaker handouts will be available for download prior to the conference. No paper handouts will be provided.

About our Speaker: Paris Goodyear-Brown, LCSW, RPT-S

Paris Goodyear-Brown, the founder and director of Nurture House, is a Licensed Clinical Social Worker and a Registered Play Therapist-Supervisor with 20 years of experience in treating families in need. While she specializes in treating trauma (sexual abuse, physical abuse, maltreatment and neglect) and attachment disturbances, she often provides help for anxious, angry or depressed children and teens. A child development expert, she frequently provides parent consultation, dyadic assessment and parent coaching to help parents manage and resolve their children's behavior problems. She is an Adjunct Instructor of Psychiatric Mental Health at Vanderbilt University, guest lecturer for several universities in middle Tennessee, and has an international reputation as a dynamic speaker and innovative clinician. She provides play therapy and licensure supervision and consults with various school districts, agencies and mental health organizations to help develop play therapy programs and create more developmentally sensitive programming. With trainings in Morocco, Australia, and Sweden, as well as frequent domestic presentations, she is best known for developing clinically sound, played-based interventions that are used to treat a variety of childhood problems. She has received the APT award for Play Therapy Promotion and Education. She is the author of multiple books, chapters and articles related to child therapy. Her newest books include *Tackling Touchy Subjects*, the *Handbook of Child Sexual Abuse: Identification, Assessment, and Treatment*, *Play Therapy with Traumatized Children: A Prescriptive Approach* and *The Worry Wars: An Anxiety Workbook for Kids and their Helpful Adults*. For the whole of her career, she has carried a vision of a place – a home – in which the space itself would help children and parents feel safe, nurtured and ready to do the deep work of healing. Although it looks like a playhouse – and her child clients call it “the kid’s palace” - the fun, highly playful environment helps the hard stuff go down easier.



Continuing Education

This program is co-sponsored the Arizona Association for Play Therapy and *The Institute for Continuing Education*. The Conference offers a total of 12.00 contact hours (6.00 hrs. per day). Continuing education credit is awarded on a daily basis, with full attendance required for the day(s) attended. The CE processing fee is \$25.00, payable on-site. Application forms and other required CE materials will be available on site. If you have questions regarding the program, continuing education learning objectives, presenter bios, or grievance issues, contact *The Institute* at: 800-557-1950 / email: instconted@aol.com

NOTE: *To receive continuing education credit, applicants must complete all CE materials, sign in/out at designated locations, and submit an evaluation form for the sessions attended.*

NOTE: *It is the responsibility of the attendee to determine if CE credit offered by The Institute for Continuing Education meets the regulations of their state licensing/certification board.*

Psychology: The Institute for Continuing Education is approved by the American Psychological Association (APA) to sponsor continuing education for psychologists. The Institute for Continuing Education maintains responsibility for this program and its content.

Counseling/MFT: For counselors seeking credit, The Institute for Continuing Education will submit an application to NBCC for this program.

Social Work: Application for social work continuing education credits has been submitted. The website will be updated with accreditation information.

Play Therapy: The Institute for Continuing Education is approved by The Association for Play Therapy to sponsor continuing education specific to play therapy. The Institute maintains responsibility for the program. APT Approved Provider 98-040.

Skills Level: Beginning – Intermediate – Advanced. Attendees are urged to review the session descriptions to determine appropriateness for professional and personal development needs.

Instructional Methodology: May include lecture, demonstration, audio/visual, experiential practice of techniques, large and small group discussion

ADA: If you have special needs, please contact: info@azapt.org or 602-730-2046.

Registration Form

First Name: _____

Last Name: _____

Agency: _____

Address: _____

City/State/Zip: _____

Phone: _____ Fax: _____

Email: _____ Website: _____

Early Registration – by January 17, 2020

- \$225 Early Registration AZAPT/APT Member
- \$250 Early Registration Non-Member of AZAPT/APT
- \$195 Early Student (for both days)
- \$195 One Day Attendance – Friday, February 21st
- \$175 One Day Attendance – Saturday, February 22nd
- \$205 Group Rate (3 or more)* AZAPT/APT member
- \$220 Group Rate (3 or more)* Non-Member

Lunch will be provided on Friday as part of the Annual Membership Meeting

*Rate per person. To receive the group registration rate, all registrations must be submitted together with one method of payment. If you have any questions, please call 602-730-2046.

This conference is appropriate for mental health and allied professionals who work with children, adolescents, and their families.

Payment

- Check (made payable to AZAPT)
- Credit Card: Visa MasterCard American Express

\$ _____

\$ _____

Credit Card Number: _____ Zip Code: _____

Expiration Date: _____ Security Code (3 digits Visa/MC; 4 digits AMEX): _____

Authorized Signature: _____

Registration and Cancellation Policy:

Mail the completed registration form to the indicated address. Payment must be received by 01/31/2020 to guarantee your seat. Special accommodations will be made upon request for individuals with disabilities. Please call 602-730-2046 or email info@azapt.org by January 31st. A map and parking instructions will be included with your confirmation. Early refunds must be requested in writing, and a \$35 administration fee will be assessed. **No refunds will be given after 01/31/2020. Substitutions may be requested.** AZAPT's liability is limited to registration. Disclaimers: Registrants understand and agree that any photograph, video or audio recording of themselves may be used to further promote the Annual Conference or AZAPT.

Return completed registration with payment to:

Arizona Association for Play Therapy | 5940 W. Union Hills Drive, Suite D-260, Glendale, AZ 85308

Email: info@azapt.org | Call: 602-730-2046 | Online: www.azapt.org

Regular Registration – by February 14, 2020

- \$245 Regular Registration AZAPT/APT Member
- \$275 Regular Registration Non-Member of AZAPT/APT
- \$205 Student (for both days)
- \$200 One Day Attendance __ Fri / __ Sat
- \$225 Group Rate (3 or more)* AZAPT/APT member
- \$235 Group Rate (3 or more)* Non-Member

Lunch will be provided on Friday as part of the Annual Membership Meeting

Late or Onsite Registration – after February 14, 2020

- \$265 Late Registration AZAPT/APT Member
- \$290 Late Registration Non-Member of AZAPT/APT
- \$215 Student (for both days)
- \$205 One Day Attendance __ Fri / __ Sat
- \$235 Group Rate (3 or more)* AZAPT/APT member
- \$255 Group Rate (3 or more)* Non-Member

Lunch will be provided on Friday as part of the Annual Membership Meeting